

# Fever

## What is a fever?

- A fever can be a sign that your child's body is fighting an infection.
- A temperature of 38°C (100.4°F) or higher means a fever.
- A fever can't always be detected by feeling your child's forehead. Using a thermometer is best.
- Vaccinations can cause fever.



## Symptoms of a fever



Fussy



Uncomfortable



Flushed



Warm to touch



Sleepy and uninterested in regular activity

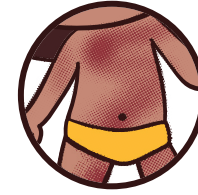
## How to treat a fever

- You can give acetaminophen or ibuprofen.
- Ask the health-care provider if you are unsure how much to give.
- Do not give ASA (Aspirin) to treat fevers.
- Keep your child lightly dressed.
- Encourage eating, drinking and resting.

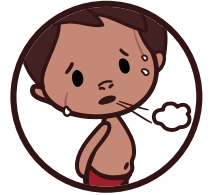
## Go back to the clinic if your child has a fever and:



Is under 3 months old



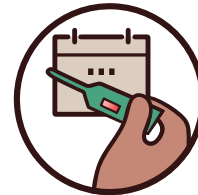
Has a rash



Has difficulty breathing



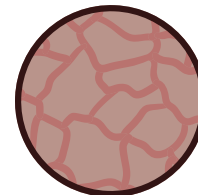
Has a seizure



It has lasted for longer than 3 days



Has a stiff or sore neck



Looks pale or grey, or is cool and blotchy



Is not drinking or peeing, or appears dehydrated



Looks very sick or seems confused

For more information, contact your health-care provider.