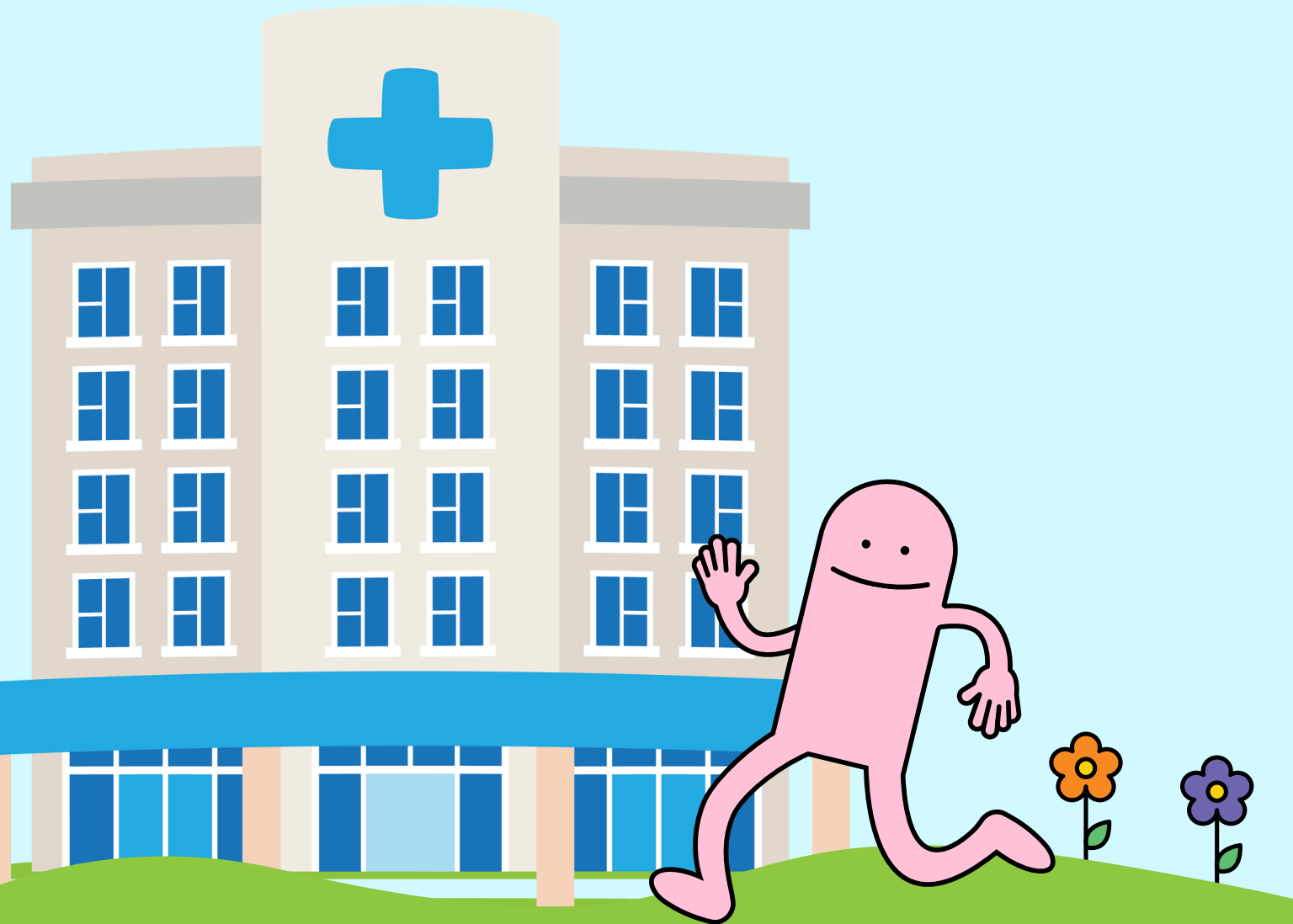
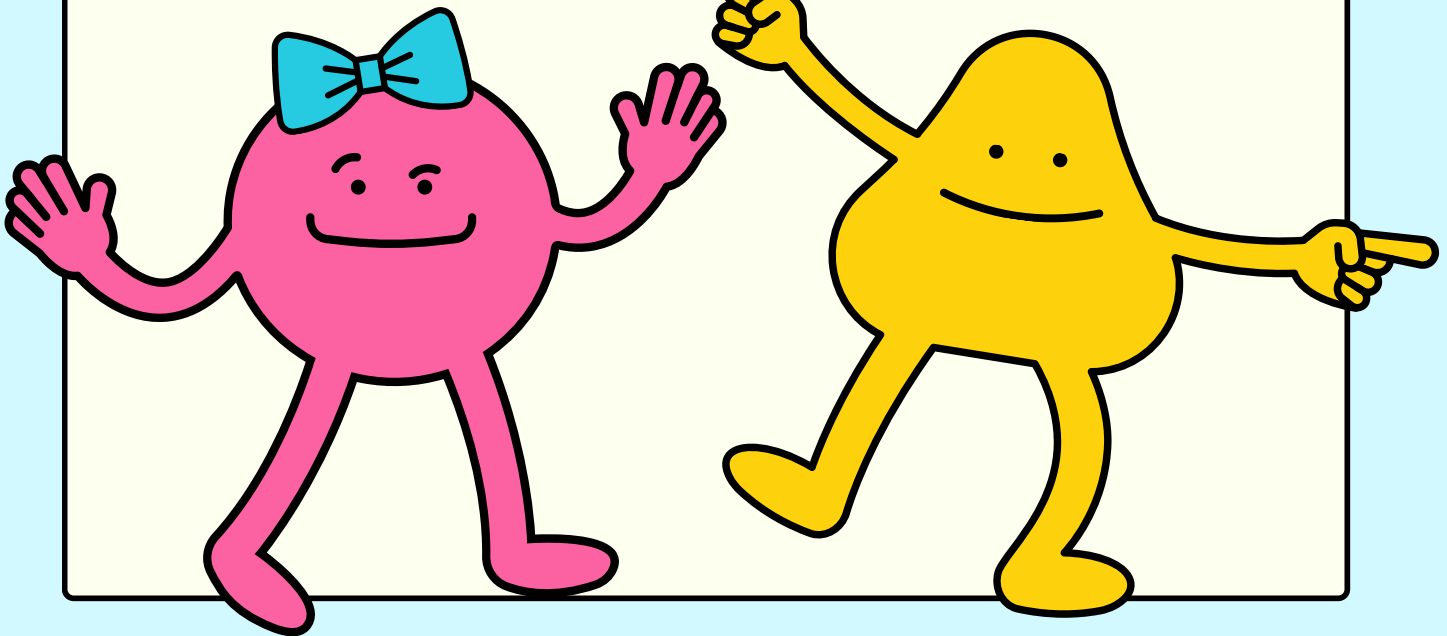


My Surgery Day



By: Betina Sales, MSc, CCLS

This book
belongs to:



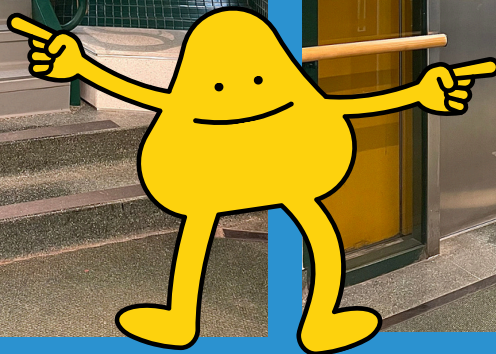
Welcome to SickKids!



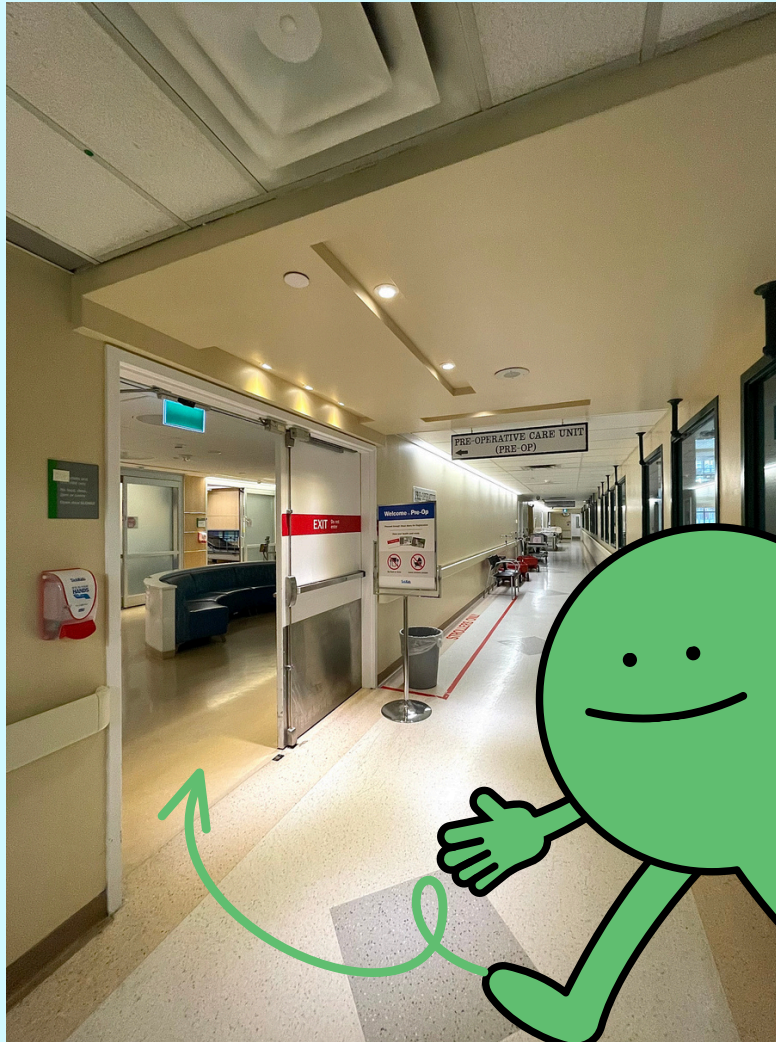
SickKids is a hospital where hospital helpers make sure that kids' bodies are healthy and safe.



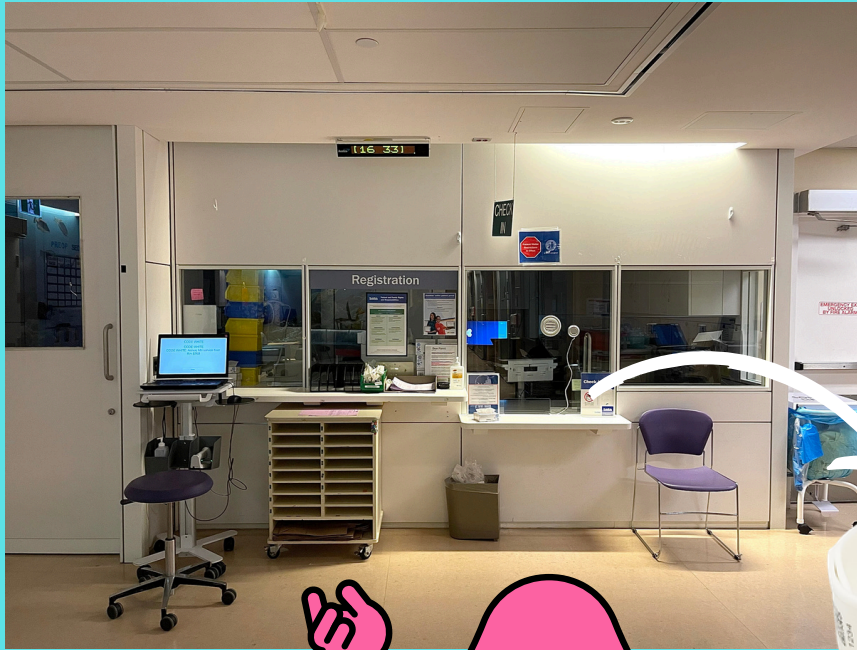
When you get to SickKids, you will go up
the stairs or use the elevator.



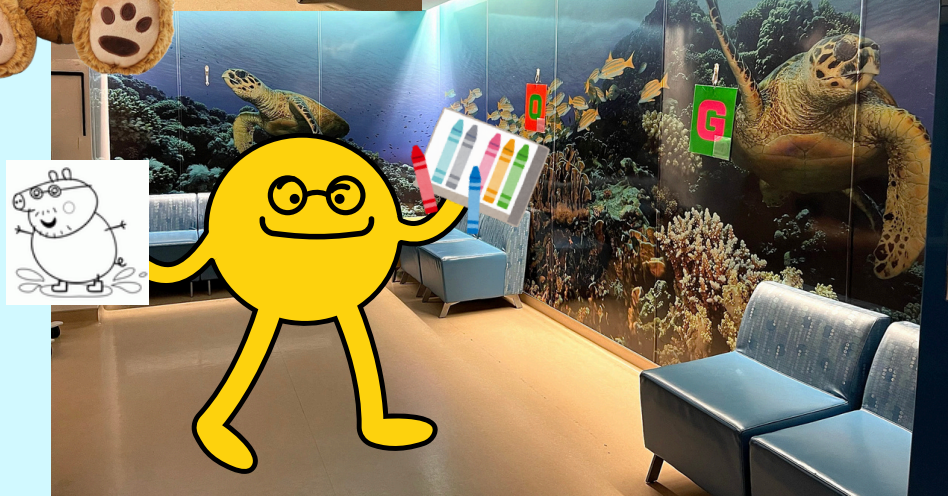
You will be going to a waiting room called the Pre-Op or Pre-Operative Care Unit.



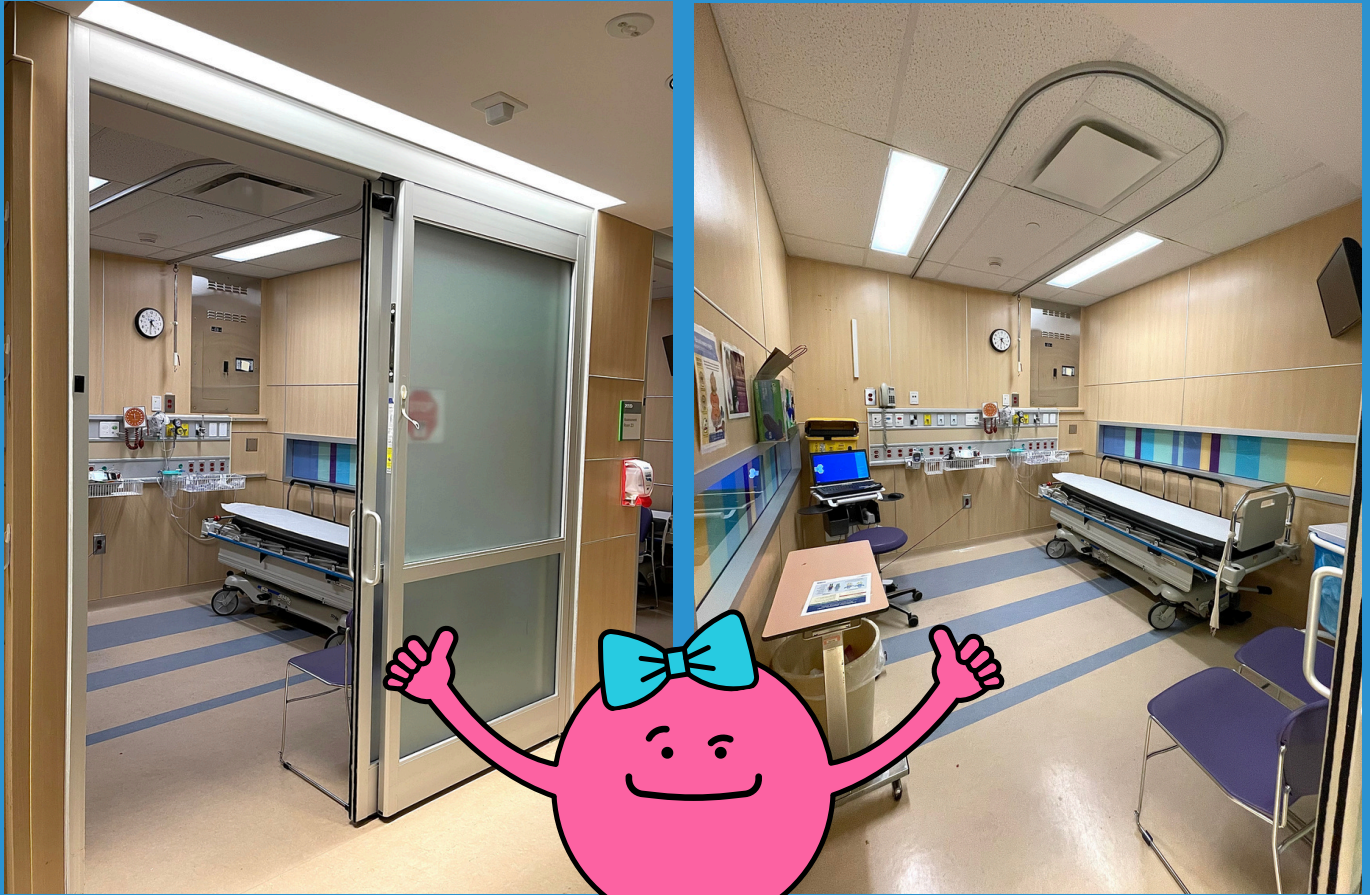
At this window, you will get a bracelet with your name and birthday so the doctors and nurses know who you are.



You and your family can have a seat while waiting for your turn. You can bring a small stuffy or blanket, and activities to do while waiting.



A nurse will call you into a room that has a bed, chairs, and special machines.



The nurses will give you cleaning wipes and hospital PJs to change into so your clothes can stay nice and clean.

Photo by BananaStock on FreeImages



In this room, a nurse will be checking how your body is feeling. These are called vitals.



Heart / Breathing



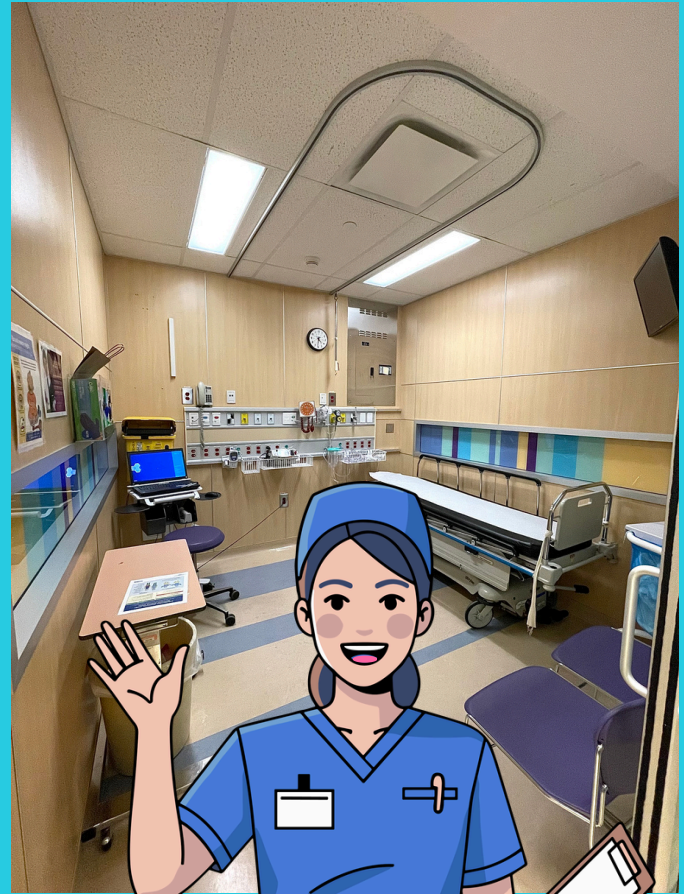
Temperature



Blood Pressure



Height / Weight



There might be doctors and Child Life Specialists that will say hi and ask if you have any questions.

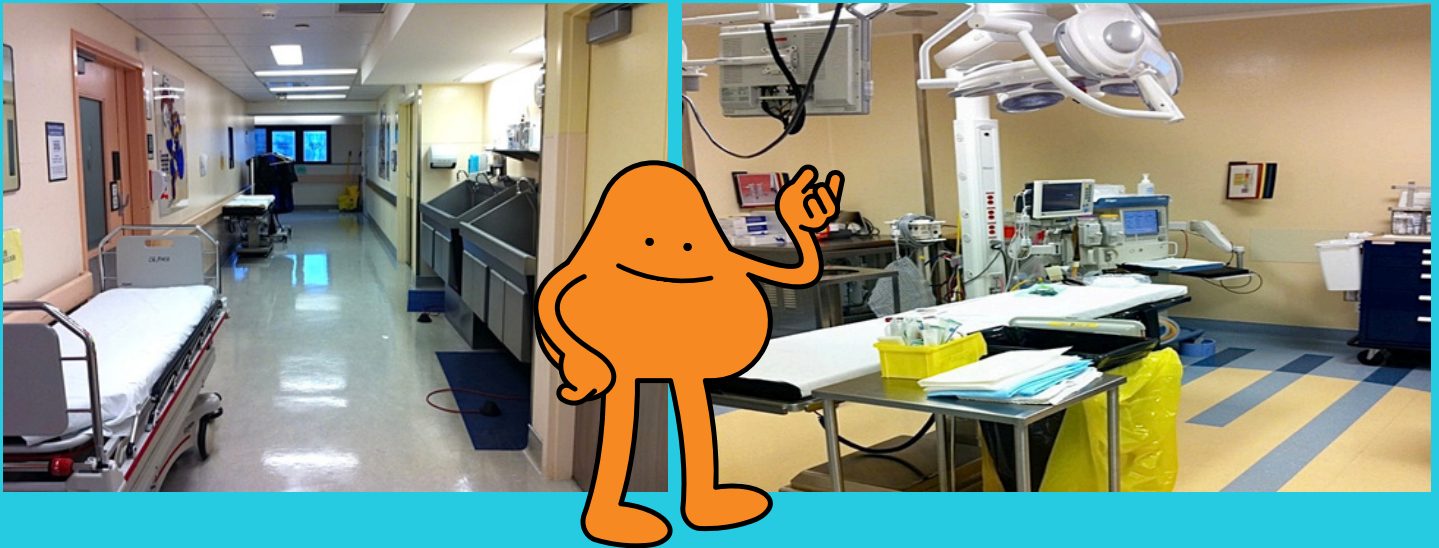


You might be getting calming medicine through a straw in your arm/hand, nose, poke, or a drink.

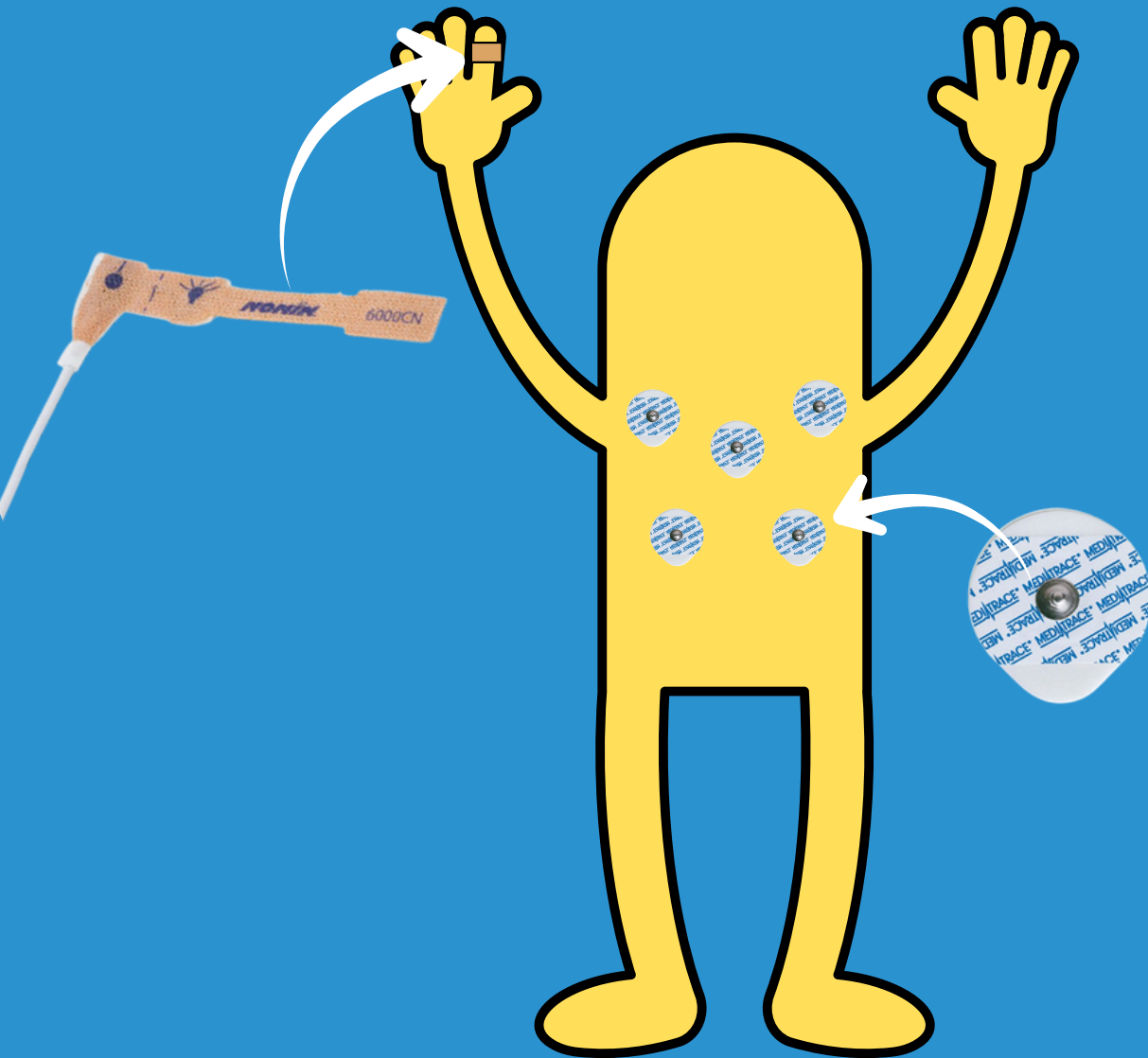


This will help your body relax.

You will go to this room called the OR or Operating Room. This is where the doctors and nurses will be taking care of you



They will be realigning your broken bones. They may use small pins inside to hold them together so that they can heal.

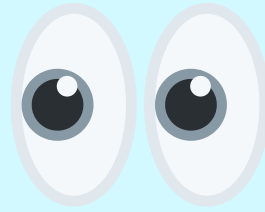


They will put stickers on your body to know how it is feeling without you even telling them.

When you have an “anesthetic” or
“sleep medicine” you will not



Hear anything



See anything



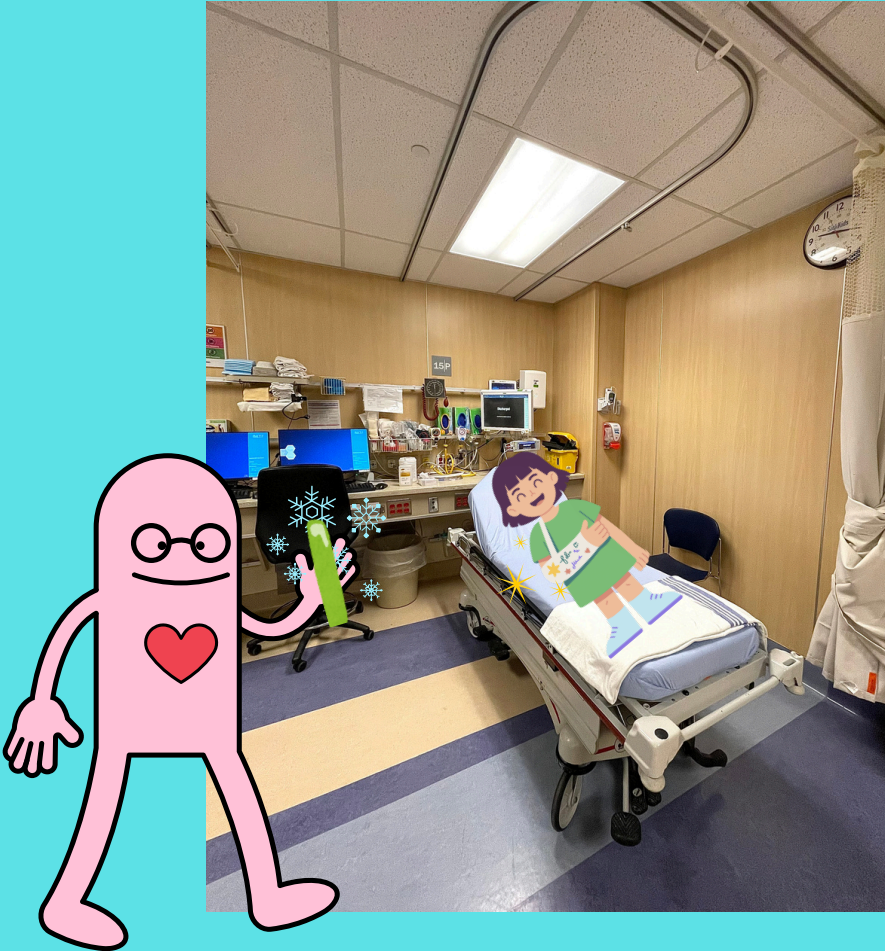
Feel anything

This is a different type of sleep than the sleep
you get at home. You will not feel any pain while
you're asleep.

You will get the anaesthesia or sleep medicine through a straw in your hand/arm or a mask.

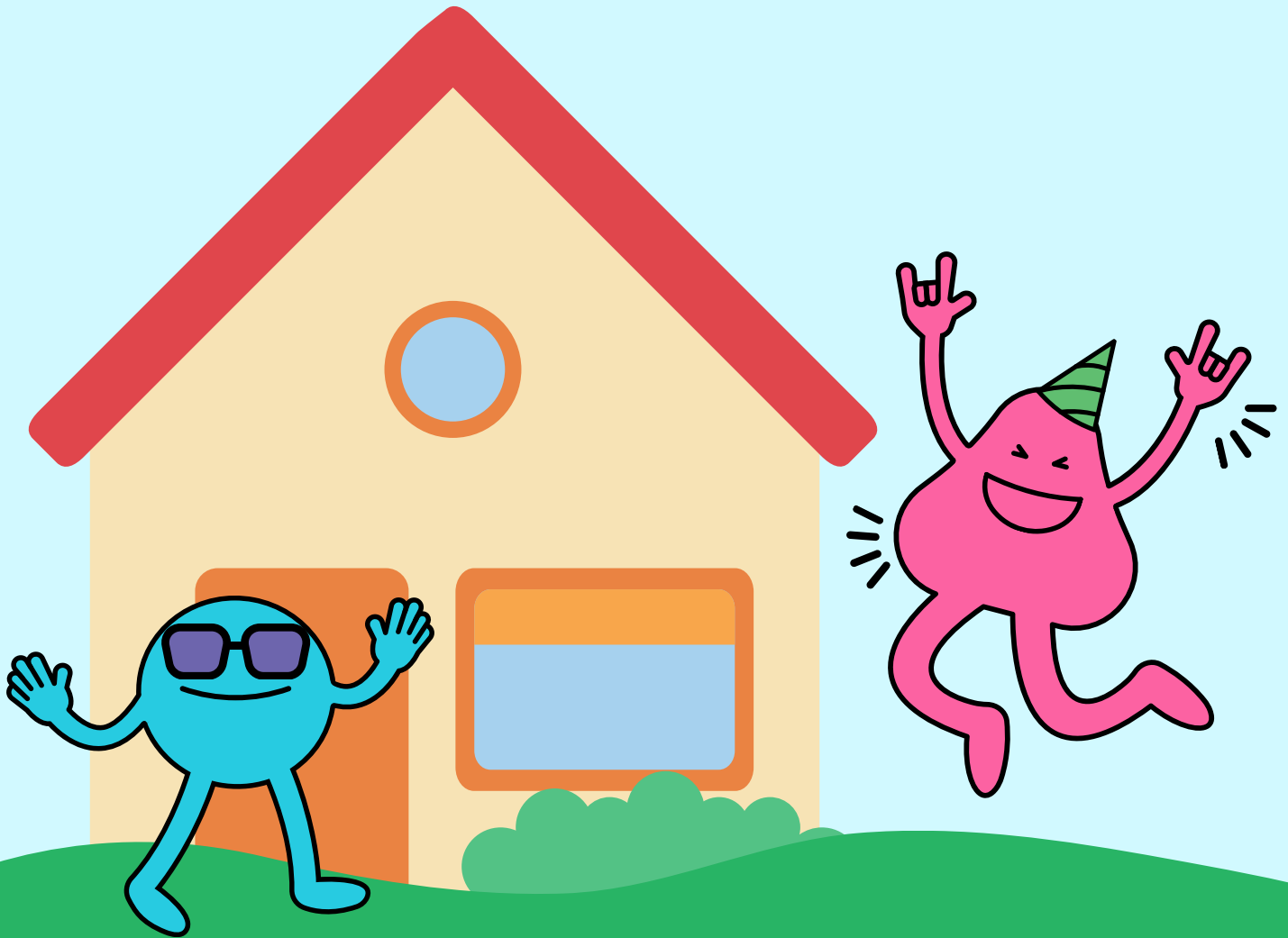


You will wake up in a different room with a new cast to the same arm that you had hurt.



We will call your family to be by your side.
You might even get a yummy freezie!

You will go home after waking up. The Orthopedics team or bone doctors will see you again in clinic after 3 or 4 weeks to remove your cast and take the pins out.



Your body will get stronger every day! 💪